



Junior *Team Golf*

Swan Lake Resort
2019

Swan Lake TeamGolf

TeamGolf is an ongoing, year round, practice and instructional program for junior golfers of all skill levels who are enrolled in grade school through high school.

TeamGolf is conducted in a group setting because it creates the ideal learning environment for kids to **enjoy and excel at golf**.

From grade school through to college, kids are part of a golf *team*. This team atmosphere is a vital **support system** for young, growing golfers.

Off season training is recommended by our staff for all golfers, even if it is only once per week. Becoming familiar with the **feel of the swing** during the winter months allows learned skills to stay efficient and fresh, making the transition to the next golf season easier and **more successful**.

Team Golf Benefits

Fun!

Social skills

Being a good teammate

Golf etiquette/rules

Sportsmanship

Competition

Golf skills

Friendship

Proper

Practice

PRACTICE Plan \$160 per student

PRACTICE Plan classes will be conducted on **Sunday afternoons** as follows, with in-season adjustments to maintain ideal group sizes:

Grade Schoolers 12:00-1:00
Middle Schoolers 1:15-2:15
High Schoolers 2:30- 3:30
Full calendar of classes (below)

Team Golf Practice Plan Includes:

Flexibility and golf fitness warm up
Golf swing athletics
Full swing shots
Putting

LESSON Plan \$300 per student

LESSON Plan will be all the sessions of **PRACTICE Plan** **AND**:

One **thirty minute private lesson** with the Instructor each calendar month, January-May; appointment will be made by the student and scheduled during regularly scheduled Indoor Range hours.

Private lessons allow for more in-depth instruction for those interested in **accelerated growth** in skills.

A **variety of tools** may be used such as Flightscope simulation, high speed swing video, real-time video training.

The LESSON Plan is highly recommended for Middle and High Schoolers whose golf match schedule starts immediately in the Spring 2019.

PRACTICE Plan Dates

January 6, 13, 20 @

February 3, 17 @

March 3, 10 ,17, 24, 31

April 7, 14, 28 *

May 5, 12, 19 26 *

*Optional Practice sessions will be offered during the week of Spring Break.

@ Dates may change due to Golf Show calendar

Sign Up: **Contact John Ericsson at (574)935-5680 Ext. or by email at**
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